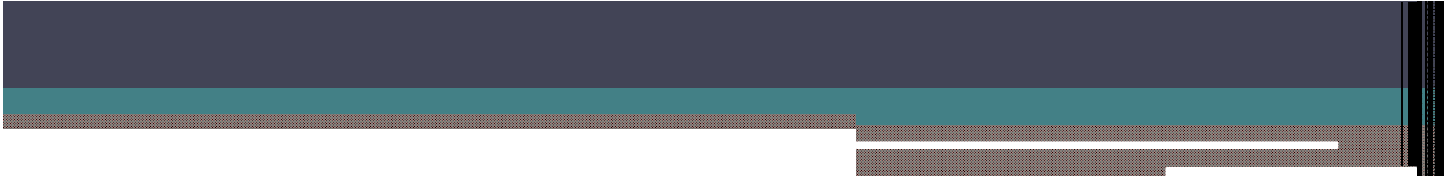


Tishani Doshi (1975 - Present)





Tishani Doshi (born 1975, Chennai, India) is an Indian poet, journalist and dancer. She has published six books of poetry and fiction. Her essays, poems and short stories have been widely anthologized. In 2012 she represented India at a historic gathering of world poets for Poetry Parnassus at the Southbank Centre, London. She is also the recipient of an Eric Gregory Award for Poetry, winner of the All-India Poetry Competition, and her first book, *Countries Of The Body*, won the prestigious Forward Prize for Best First Collection in 2006.

Girls Are Coming Out Of The Woods was shortlisted for the Ted Hughes Award & a Firecracker Award. Tishani's debut novel, *The Pleasure Seekers*, was shortlisted for the Hindu Literary Prize and long-listed for the Orange Prize and the International IMPAC Dublin Literary Award. She currently lives on a beach between two fishing villages in Tamil Nadu with her husband and three dogs.

(Source: <https://tishanidoshi.weebly.com/about.html>)



The Art of Losing

- Death is inevitable and there is nobody who can escape from death. It all begins with birds and fishes dying every day. The sorrows in this universe are so deep and cannot be rectified. Everybody age and die and there is time, when people will be missed by their relatives. We will never get to feel their touch or hear their voice. So build courage to face your death. No one is aware when it their time. Death may not be end of this life; Death is a life altering experience. There is only one art which is needed to be mastered- it is *The Art of Losing*. We must learn to let go. Everybody holds on to their external materials, people, but these are often intended to be lost. When life forces us to release our grip, we need to understand what exactly we value. The poet advocates not only about the *Art of losing*, but also speaks about the art of being lost.

More places to check out:

- The art of losing by Tishani Doshi (Recital) - <https://youtu.be/AzP5MIx4c6Q>
- Girls are Coming out of the Woods | Tishani Doshi | TEDxChennai - <https://youtu.be/Q4ZheZ-3ZCk>